



## COME CELEBRATE WITH US!



## A MINDFUL INTRODUCTION

Join us at our newly renovated space.

Friday | October 7 | 2022 11:30a - 2:00p



## The Gale Standen Family & Training Institute

located at 124 Fisher Street, Elgin, TX

A special presentation of Mindfulness in Recovery will be given by John Bruna

Light refreshments will be offered.







